



HADDAM SENIOR CENTER

HADDAM, CONNECTICUT

NOVEMBER 2026

Get in Touch!

923 Saybrook Rd.
Haddam, CT 06438

PHONE
860.345.2480

WEBSITE
www.haddam.org

HOURS OF OPERATION
Mon, Tues, Thurs, & Fri
10:00am to 2:00pm

FACEBOOK
Senior Center - Haddam Connecticut

Our Staff

SENIOR CENTER ACTIVITIES COORDINATOR

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seniors@haddam.org

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SENIOR VAN DRIVER

Mike Jantsch
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SOCIAL AND SENIOR SERVICES DIRECTOR / MUNICIPAL AGENT FOR THE ELDERLY

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860-345-4621

Our Mission

The mission of Haddam Senior Services is to promote the overall well-being of adults 60 and older within the community. We do this not only by providing an array of programs for everyday enjoyment and enrichment, but also by providing assistance and access to local and government social services, including the Haddam Food Bank, Meals on Wheels, Energy Assistance, etc.



November Featured Events

(Events Subject to Change)

PIZZA AND A MOVIE "MRS. DOUBTFIRE" - NOVEMBER 9TH AT 12PM

We revisit this funny and heartwarming film featuring Robin Williams and Sally Field.
Advanced sign-up is requested.

VACCINATION CLINIC SPONSORED BY NUTMEG PHARMACY NOVEMBER 10TH - 10:30AM - 12:00PM

Jason from Nutmeg Pharmacy will be here with vaccinations at no cost with most insurance plans. Vaccinations offered include Flu and COVID 19. *This clinic is open to the public.*

PHIL DEVLIN PRESENTS "JAMES GARFIELD AND HIS HADDAM CONNECTIONS" - NOVEMBER 12TH AT 12:30PM

Phil Devlin returns for another engaging discussion, this time sharing details about our 20th's President's connection to Haddam!

THANKSGIVING LUNCHEON PRESENTED BY THE KITCHEN AT FUTURES INC. - NOVEMBER 17TH AT 12PM

Join us for our annual Thanksgiving Luncheon. Space is limited, *advanced reservation required*. The cost is \$4.50

THANKSGIVING CENTERPIECE FLORAL WORKSHOP - NOVEMBER 23RD AT 1PM

Cathy from "Cathy & Company Botanical Designs" will be here to help us decorate for Thanksgiving with a fun floral workshop! \$25 Residents/\$35 Non-Residents. *Advance sign-up is required.*

HEARING WELLNESS CLINIC - NOVEMBER 24TH AT 1PM

We will be holding our second hearing wellness clinic with a focus on hearing screenings, hearing aid maintenance and counseling.



(860)345-2480/seniors@haddam.org

SENIOR CENTER ACTIVITIES

NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 10:00am – Mahjong 11:15am – Mobility 1:00pm – Club 60 (Old Town Hall)	3 10:30am – AM Cards 11:30am – Blood Pressure Clinic Sherry Carlson from CRAHD 12:30pm – PM Cards	4 Senior Center Closed	5 10:00am – Mah-Jong 11:15am – Mobility 12:45pm – BINGO	6 10am – T'ai Chi 11:00am - Cards
9 10:00am – Mahjong 12:00pm – Pizza and a Movie – “Mrs. Doubtfire”	10 10:30am – AM Cards 10:30am – 12:30pm – Vaccination Clinic/Sponsored by Nutmeg Pharmacy 12:30pm – PM Cards	11 Senior Center Closed 	12 10:00am – Mahjong 11:15am – Mobility 12:30pm – Phil Devlin “President James Garfield and his Haddam Connections”	13 10am – T'ai Chi 11:00am – Card 11:00am - Mini Spa Manicure (\$20 fee and sign-up required)
16 10:00am – Mahjong 10:00am – COA Meeting (Old Town Hall) 11:15am – Mobility 1:00pm – Club 60 (Old Town Hall)	17 10:30am – AM Cards 12:00pm – Thanksgiving Luncheon Presented by The Kitchen at Futures Inc. \$4.50 (Event Max is 35) 12:30pm – PM Cards	18 Senior Center Closed	19 10:00am – Mahjong 11:15am – Mobility 12:45pm – BINGO	20 10am – T'ai Chi 11:00am - Cards
23 10:00am – Mahjong 11:15am – Mobility 1:00pm Thanksgiving Centerpiece Workshop - \$25 Res/\$35 NR	24 10:30am – AM Cards 12:30pm – PM Cards 1:00pm – Hearing Wellness Clinic	25 Senior Center Closed	26  Senior Center Closed	27 Senior Center Closed
30 10:00am – Mah-Jongg 11:15am – Mobility 12:30pm – November Birthday Celebration 1:00pm – Mystery Book Club				

November

*All meals come with milk as the dairy offering, unless string cheese or yogurt is included.

Suggested Donation: \$3.00 Hot Meal, \$4.50 Special Meals

Make any checks out to Senior Resources

2026

Sun	Mon	Tue	Wed	Thu	Fri - Lunch is \$5 on Fri	Sat
	2 Baked Potato Veggie Chili (3 oz) Sour Cream 1 oz Broccoli (4 oz) Milk Fruit Cup 4 oz	3 Mexican Salsa Chicken (3oz.) Quinoa (4oz) Veggie Medley 4 oz Cornbread & Butter String Cheese Apple		4 Senior Center Closed	5 Chicken and Veggie Pot Pie Gravy 2 oz Sweet Potatoes 4 oz Milk Fruit Cup 4 oz	6 Roasted Turkey Cran Sandwich Bun (6oz) Stuffing 2 oz Apple String Cheese Italian Wedding Soup 8 oz
8 Pizza and a Movie "Mrs. Doubtfire"	9	10 Chicken Fajita (3oz.) Tortillas (2 per person) Lettuce 2 oz & cheese 2 oz Spanish veggie Rice 4 oz Milk Grapes 4 oz	11 HAPPY Veterans DAY Senior Center Closed	12 Beef Stroganoff 4 oz Egg Noodles 4 oz Mixed Veggies (4oz) Cheddar Biscuit & Butter String Cheese Cup of Pears	13 Cheese Ravioli 8 oz Meatball 8 oz Dinner Roll Apple sauce cup 4 oz	14
15	16 Chicken Cordon Blue 3 oz Roasted Potatoes 4 oz Creamed Spinach (4oz.) WW Roll & Butter String Cheese Cup of Grapes 4 oz	17 Sliced Turkey 3 oz Mashed potatoes and gravy 4 oz Stuffing 2 oz WW Roll & Butter Milk Cranberry Sauce 4 oz	18 Senior Center Closed	19 Meatloaf 3 oz and Gravy 2 oz Roll & Butter Peas and Carrots (4oz) Smashed potatoes (4 oz) Milk Fruit Cup 4 oz	20 Shrimp Scampi w/Linguini (10 oz.) Mixed Veggies 4 oz Roll Box of Raisins	21
22	23 BBQ Pulled Pork Sandwich 3 oz WW Roll Corn 4 oz Roasted Potatoes 4 oz String Cheese Jello Cup 4 oz	24 BLT Sandwich (3 slices per) Lettuce + Tomato (4 oz) Tomato Soup 8 oz String Cheese WW Bread (2 slices) Tropical Fruit cup 4 oz	25 Senior Center Closed	 <p>HAPPY THANKS GIVING</p>		
29	30 Asian Honey Garlic Salmon 4 oz Scallion Sesame Rice (4oz) Cucumber Tomato Salad 4 oz Fortune Cookie Pineapple Cup 4 oz Milk		<p>*Menus are subject to change due to seasonality and product availability.</p>			<p>FOOD ALLERGY WARNING Please be advised that our food may have come in contact or contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, or fish. Please advise a staff member of any food allergies prior to consumptions of meals.</p>