


AUGUST 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>*Multi grain breads and 2 % milk are served with each meal unless noted above.</p> <p>*Menus are subject to change due to seasonality and product availability.</p>	<p>Food Allergy Food may contain peanuts, tree nuts, sesame, soy, milk, eggs, wheat, shellfish, or fish. Please advise a staff member of any food allergies prior to consumption or meals.</p>		<p>1 Sweet & Sour Chicken over White Rice, Peas and Carrots, String Cheese Pear Cup</p>	<p>2 No Lunch Served</p>
<p>5 Baked Potato with Cheese & Sour Cream Beef Chili with a Cheddar Biscuit & Yogurt Parfait</p>	<p>6 Polynesian Pineapple Chicken over rice pilaf Tomato Mozzarella Salad Cornbread String Cheese Watermelon Slice</p>	<p>7 Senior Center Closed (until 5pm Pizza and a Movie)</p>	<p>8 Meatloaf & Gravy, Mashed Potato, Carrots Dinner Roll Peach Cup</p>	<p>9 No Lunch Served</p>
<p>12 Cheese Ravioli w/ Marinara Sauce Tomato Basil Mozzarella Salad Dinner Roll Applesauce</p>	<p>13 Teriyaki Turkey Burger with Asian Slaw Sweet Potato Wedges String Cheese Orange</p>	<p>14 Senior Center Closed</p>	<p>15 Shaved Steak with Onions & Peppers on a Bun Potato Salad String Cheese Pear Cup</p>	<p>16 No Lunch Served</p>
<p>19 Grilled Chicken with Mango Salsa Corn Black Bean Salad Cornbread Grapes String Cheese</p>	<p>20 Glazed Ham with Gravy Mashed Potatoes Green Beans Dinner Roll Pineapple</p>	<p>21 Senior Center Closed</p>	<p>22 Cajun Pork Tenderloin & Southern Greens Sweet Potatoes Dinner Roll Pear Cup</p>	<p>23 No Lunch Served</p>
<p>26 Italian Sausage with Peppers & Onions on a Bun, Corn on Cob String Cheese Melon Cup</p>	<p>27 Roasted Salmon with Lemon Summer Squash and scalloped potatoes, Dinner Roll, String Cheese & Box of Raisins</p>	<p>28 Senior Center Closed</p>	<p>29 Veggie Frittata with Home fries Tossed Salad with dressing, String Cheese Almond Tart</p>	<p>30 No Lunch Served</p>