

Haddam Senior Center

923 SAYBROOK RD, HADDAM, CT 06438

Hours of Operation: Monday, Tuesday, Thursday: 10am-2pm

Contact us! seniors@haddam.org

(860) 345-2480

Like us on FaceBook! [Senior Center - Haddam Connecticut](#)

The town of Haddam Senior Center is a gathering space for seniors 60 and over to promote and provide social, nutritional, intellectual and physical needs to those among our community. The Haddam Senior Center also serves as a congregate meal site for seniors.

Lunch is available Monday, Tuesday & Thursday at noon. A donation of \$3 is requested. Food provided by The Estuary of Old Saybrook. Please contact Doreen to reserve your lunch. (860) 345 - 2480

Minimum 24-hour reservation required.

Department of Senior & Social Services

Becky Rice Director and Municipal Agent for the Elderly
860-345-4621

Sarah Chambers Social Services Assistant
860-345-4621

Doreen Staskelunas Activities Coordinator
860-345-2480

Neal Perron Senior Van Driver
860-682-3301



The senior van is available for Medical, Nutrition and Social needs to those disabled or 60 and over. The senior van is available by appointment between 9am-2pm, Monday through Thursday. Shopping trip to Walmart in Cromwell on Tuesdays. Call to reserve a spot. (860) 682 - 3301



Weekly Events

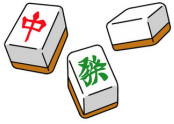


BINGO: First and Third Thursday of the Month

CARDS: Tuesdays at 10:30am & 12:30pm

MAH-JONGG: Mondays & Thursdays at 10a

MOBILITY: Thursdays at 11:15am



April Events

Mobility with Jennifer

Jennifer's mission is to help as many people as she can reach their health and fitness goals through results driven exercise and nutrition programs. She believes every age and ability needs and deserves to enjoy a long, active life.

Website: <https://www.fitnesswithjennifer.com/>

Our All Levels Mobility Class is every Thursday @ 11:15am



HES Info Session

Tuesday April 2nd @ 12:30pm -

Join us for a conversation with Haddam Town Planner, Bill Warner about what a potential developer has planned for the HES space.

Sock Hop with Brian May

Thursday April 11th @12:30pm - Join your friends and Brian May for our first ever Sock Hop! The Sock Hop will feature songs from the 50's and 60's. Poodle skirts, loafers, and dancing encouraged!



Brian May is a local musician who plays at venues throughout the shoreline.

brianmay58@yahoo.com

Club 60 Art Show

Monday April 15th @ 1pm– Come to the Art Show! We are thrilled to have a joint collaboration with Club 60 to host and highlight the creative talents of our Club 60 members! Art Show begins at 1pm.



Arts & Crafts with Haddam Co-Op Nursery School

Monday April 22nd @ 10:30am –

We are excited to announce our first collaboration with the Haddam Co-Op Nursery School! As part of our community and intergenerational initiatives, the Haddam Senior Center is partnering with our neighbors at the Nursery School to create grapevine wreaths for spring.

This activity requires advanced reservation to ensure we have enough materials on hand. Call or email Doreen at the Senior Center, (860)345-2480 or seniors@haddam.org

“Tick Talk“

Tuesday April 22 @ 12:30pm - It's tick season! We welcome Sherry Carlson from CRAHD to share information on tick-borne diseases and how to protect yourself when you are out and about from now through fall.



Pizza and a Movie

Monday April 29th 12pm - One of our most popular events each month is our “Pizza and a Movie” Lunch. This month, we will be watching “The Holdovers” a 2024 Oscar nominated movie. The movie is about a New England prep school instructor (Paul Giamatti) who is forced to remain on campus during Christmas break to babysit a handful of students with nowhere to go. He forms an unlikely bond with one of them, along with the head cook. Da’Vine Joy Randolph won Best Supporting Actress for her portrayal of the head cook.



This event requires advanced reservation to ensure we have enough pizza for everyone. Call or email Doreen at the Senior Center, (860)345-2480 or seniors@haddam.org



Town of Haddam Resources



Haddam Social Services

Our office’s mission is to enhance and improve the quality of life among our town’s people and the self-sufficiency of those in need of social services.

We provide advocacy, leadership, and planning while fostering independence among our vulnerable population. Through statewide and local services, the social service department will guide you through your needs.

11 Jail Hill Rd, Haddam, CT 06438

Hours of Operation: Tuesdays 9am-2pm, Thursdays 9am-6pm, Mondays, Wednesdays, Fridays by appointment

Social Services Volunteer Tree



VOLUNTEER

Please contact Becky Rice Director of Senior & Social Services
(860)345-4621 or (860) 345-8531
socialservices@haddam.org

Because Today you can be the Difference for someone in Haddam!

Are you looking for ways to give back to your community? Haddam Social Services is looking to create a Volunteer Tree filled with local resources to help our seniors. They are looking for anyone who is looking to donate lawn care expertise, drivers for shopping and medical appointments, Community Closet Attendants and companions. If this is something you are willing to help with, please contact Social Services Director, Becky Rice, for more information. (860)345-4621 or socialservice@haddam.org

Committee on Aging

The Committee on Aging is a standing body created by the Board of Selectmen & enabled by State statute to study conditions and needs among the senior residents of Haddam, to encourage and assist where possible the development of needed services, and to bring to the Board of Selectmen matters calling for attention.

Regular Meeting location: Old Town Hall

Meeting locations for twice a year meetings: High Meadow in Haddam and the Haddam Neck Fair Grounds

Posting of locations are at the Town Office Building or the Haddam Senior Center
Facebook site

Meetings: Third Monday of the Month, from September through June at 10:00am

Chair: Mary Lou Heger

860-345-2929

Vice Chair: Kim Gionfrieddo

860-657-6566



Club 60

The purpose of the club is to foster greater friendship among persons of the area who are 60 and older while providing a constructive and well-rounded program of social, recreational and service activities for our members.

Meetings: First and Third Thursday at 1pm

**Meeting location: Haddam Community Center
7 Candlewood Hill Rd, Higganum, CT 06441**

President: Mary Pierce

(860) 685-1783



Youth and Family Services of Haddam Killingworth

We envision a connected community where youth & families are resilient and feel safe, supported and empowered.

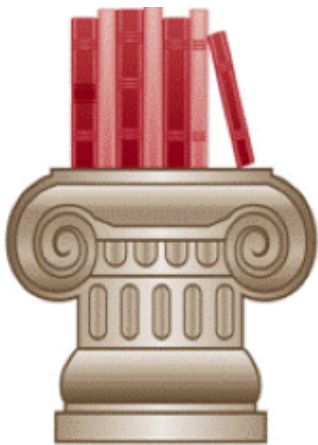
91 Little City Rd, Higganum, CT 06441

Hours of Operation: Every weekday 9am-4:30pm

(860) 345-7498

Website: <https://hkyfs.org/>

Director of Operations: Jennifer Favalora
& Alli Behnke



Brainerd Library

Brainerd Library

Brainerd Memorial Library dedicates itself to providing resources and services necessary to satisfy the lifelong learning, reading, recreational, and cultural needs of Haddam residents. Our public Library in Haddam contributes to the social, cultural, and intellectual life of the community through its programming and outreach activities.

920 Saybrook Rd, Haddam, CT 06438

Hours of Operation: Mondays 1pm-8pm, Tuesdays, Wednesdays and Thursdays 10am-8pm, Fridays 10am-6pm, Saturdays 10am-3pm

(860) 345-2204

Website: <https://brainerdlibrary.org/>

Haddam Transfer Station



To ensure that only Haddam residents use the Transfer Station, a current Haddam sticker must be displayed in order to use the facility. Stickers are good for the fiscal year (July through June) and may be purchased for a \$100 fee. If you are 65 or older the fee is \$50. (This is for vehicles 10,000 lbs. GVI or less).

750 Saybrook Rd, Haddam, CT 06438

Hours of Operation: Wednesdays and Saturdays 8am-3:45pm, Sundays 8am-11:45am

(860) 345-8531

Website: <https://www.haddam.org/transfer-station>

Sustainability

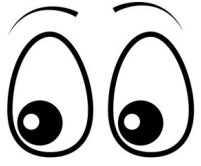
Committee

**Meetings: Fourth Tuesday of the month
at the Old Town Hall
(860) 345-8531 x 207**

Website: <https://www.haddam.org/sustainability-committee>

ReCollect

Puzzle Page



WORD SEARCH



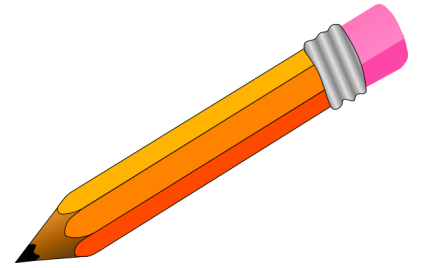
- APRIL
- BLOSSOM
- BREEZE
- BUD
- BULBS
- BUNNY
- BUTTERFLY
- CHICK
- DAFFODIL
- EASTER
- EGGS
- GRASS
- GREEN
- HATCH
- JUNE
- MARCH
- MAY
- NEXT
- PUDDLE
- RAINBOW
- ROBIN
- SEASON
- SHOWERS
- SUNSHINE
- THAW
- TULIP
- UMBRELLA



Puzzle Page

Sudoku

1	6	7		2		8		
			6	1				
2	8							
					5		2	4
8	3	5	2	6	4	1	9	7
4					3	5		8
	2	8	3	4	1		5	
		3	7					1
5				8	6	4	3	2



**Nothing is
impossible.**

**The word itself
says 'I'm
possible'.**

-Audrey Hepburn

					3		8	5
		1		2				
			5		7			
		4				1		
	9							
5							7	3
		2		1				
				4				9

SENIOR CENTER ACTIVITIES

APRIL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 10:00am – Mah-Jongg 1:00pm – Club 60 (Community Center)	2 10:30am – AM Cards 12:30pm – PM Cards 12:30pm – HES/Senior Center Discussion w/Bill Warner	3 Senior Center Closed	4 10:00am – Mah-Jongg 11:15am – Mobility 12:45pm – BINGO	5 Senior Center Closed
8 10:00am – Mah-Jongg 1:00pm – Corn Hole	9 10:30am – AM Cards 12:30pm – PM Cards	10 Senior Center Closed	11 10:00am – Mah-Jongg 11:15am – Mobility 12:30pm Sock Hop with Brian May	12 Senior Center Closed
15 10:00am – Mah-Jongg 10:00am – COA Meeting (Old Town Hall) 1:00pm – Club 60 Art Show (Senior Center)	16 10:30am – AM Cards 12:30pm – PM Cards 12:30pm – GameDay (Board Games)	17 Senior Center Closed	18 10:00am – Mah-Jongg 11:15am – Mobility NO BINGO *HOLD FOR SPECIAL EVENT*	19 Senior Center Closed
22 10:00am – Mah-Jongg 10:30am – Haddam Co-Op Joint Craft 1:00pm – Corn Hole	23 10:30am – AM Cards 12:30pm – “Tick Talk” with Sherry Carlson from CRAHD 1:00pm – PM Cards	24 Senior Center Closed	25 10:00am – Mah-Jongg 11:15am – Mobility 12:30pm – April Birthday Celebration 12:45pm – BINGO *Note special day and time for this month only!	26 Senior Center Closed
29 10:00am – Mah-Jongg 12:00pm – Pizza And A Movie “The Holdovers”	30 10:30am – AM Cards 11:00am – Corn Hole 12:30pm – PM Cards			



Haddam Senior Center Menu

APRIL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHICKEN STIR FRY BROWN RICE ORIENTAL VEG PINEAPPLE BITS	2 AMERICAN CHOP SUEY ELBOW NOODLES BOLOGNES SAUCE MIXED VEGETABLES CORNBREAD MUFFIN MANDARIN ORANGES	3 Senior Center Closed	4 CHICKEN PARMESAN PENNE NOODLES ITALIAN BLEND VEG GARLIC KNOT TROPICAL FRUIT	5 Senior Center Closed
8 CHICKEN DIVAN ROASTED POTATOES SONOMA BLEND VEG PEARS	9 BEEF CHILI MIXED VEGETABLES CORN MUFFIN APPLE	10 Senior Center Closed	11 BAKED SALMON W/ CUCUMBER & DILL LENTIL & RICE PILAF ASPARAGUS BLEND VEG MANDARIN ORANGES	12 Senior Center Closed
15 CHEESE TORTELLINI PESTO CREAM SAUCE ITALIAN BLEND VEGETABLES TROPICAL FRUIT	16 ROASTED CHICKEN with GRAVY BROWN RICE MIXED VEGETABLES PINEAPPLE	17 Senior Center Closed	18 HAM W/ PINEAPPLE SWEET POTATOES GREEN BEANS SPICED PINEAPPLE SUGAR COOKIE	19 Senior Center Closed
22 BAKED COD LEMON PICCATA SAUCE RICE PILAF GREEN BEANS MANDARIN ORANGES	23 CHICKEN CORDON BLEU ROASTED RED POTATOES BEETS PEARS	24 Senior Center Closed	25 STUFFED SHELLS ITALIAN BLEND VEG GARLIC KNOT ORANGE	26 Senior Center Closed
29 Pizza and a Movie "The Holdovers"	30 HAMBURGER POTATO WEDGES 3-BEAN SALAD PINEAPPLE	Senior Center Closed	Meals supported by Senior Resources with Title III funds available from the Older Americans Act and provided by the Estuary of Old Saybrook Lunch Cost Age 60+ - \$3.00 Suggested Donation Under Age 60 - \$15.00	