

## Haddam Senior Center Menu

## APRIL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHICKEN STIR FRY BROWN RICE ORIENTAL VEG PINEAPPLE BITS	2 AMERICAN CHOP SUEY ELBOW NOODLES BOLOGNES SAUCE MIXED VEGETABLES CORNBREAD MUFFIN MANDARIN ORANGES	3 Senior Center Closed	4 CHICKEN PARMESAN PENNE NOODLES ITALIAN BLEND VEG GARLIC KNOT TROPICAL FRUIT	5 Senior Center Closed
8 CHICKEN DIVAN ROASTED POTATOES SONOMA BLEND VEG PEARS	9 BEEF CHILI MIXED VEGETABLES CORN MUFFIN APPLE	10 Senior Center Closed	11 BAKED SALMON W/ CUCUMBER & DILL LENTIL & RICE PILAF ASPARAGUS BLEND VEG MANDARIN ORANGES	12 Senior Center Closed
15 CHEESE TORTELLINI PESTO CREAM SAUCE ITALIAN BLEND VEGETABLES TROPICAL FRUIT	16 ROASTED CHICKEN with GRAVY BROWN RICE MIXED VEGETABLES PINEAPPLE	17 Senior Center Closed	18 HAM W/ PINEAPPLE SWEET POTATOES GREEN BEANS SPICED PINEAPPLE SUGAR COOKIE	19 Senior Center Closed
22 BAKED COD LEMON PICCATA SAUCE RICE PILAF GREEN BEANS MANDARIN ORANGES	23 CHICKEN CORDON BLEU ROASTED RED POTATOES BEETS PEARS	24 Senior Center Closed	25 STUFFED SHELLS ITALIAN BLEND VEG GARLIC KNOT ORANGE	26 Senior Center Closed
29 Pizza and a Movie "The Holdovers"	30 HAMBURGER POTATO WEDGES 3-BEAN SALAD PINEAPPLE	Senior Center Closed	Meals supported by Senior Resources with Title III funds available from the Older Americans Act and provided by the Estuary of Old Saybrook	Lunch Cost Age 60+ - \$3.00 Suggested Donation Under Age 60 - \$15.00