

COMMUNITY RENEWAL TEAM MARCH 2023 CONGREGATE MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1	Haddam Senior Center Closed	2	Chicken Parmesan Parslied Egg Noodles Yellow Squash Garlic Knot Fresh Fruit	3	Haddam Senior Center Closed
6	Beef Stroganoff Steamed Orzo Vegetable Medley 12 Grain Bread Fresh Fruit	7	BBQ Pork Crinkle Cut Fries Ketchup Green Beans 100 % Whole Wheat Bread Fresh Fruit	8	Haddam Senior Center Closed	9	Baked Ham Potato Salad Peas & Carrots Rye Bread Fresh Fruit	10	Haddam Senior Center Closed
13	Pizza & a Movie	14	Chicken Stir Fry White Rice Steamed Broccoli Wheat Bread Fresh Fruit	15	Haddam Senior Center Closed	16	<u>CRT St. Patrick's Day</u> Orange Juice Corned Beef Boiled Carrots Boiled Potatoes Rye Bread Mustard Packets Green Shamrock Cookie	17	Haddam Senior Center Closed
20	Boneless Chicken Marsala Pesto Pasta Italian Vegetables Garlic Knot Fresh Fruit	21	Vegetable Soup Plain Hamburger on Bun Sweet Potato Fries Shred Lettuce & Sliced Tomato Ketchup & Mayo Packets Fresh Fruit	22	Haddam Senior Center Closed	23	Turkey Pot Pie w/ Peas & Carrots Brussels Sprouts 100 % Whole Wheat Bread Fresh Fruit	24	Haddam Senior Center Closed
27	Sofrito Boneless Pork Chop Spanish Roasted Potatoes Broccoli Normandy Cornbread Fresh Fruit	28	Vegetable Quiche Potato Wedges / Ketchup California Vegetables Garlic Knot Fresh Fruit	29	Haddam Senior Center Closed		<u>National Lemon & Orange Day</u> Orange Juice Lemon Chicken Picatta Mashed Potatoes / Veg Medley Garlic Knot Lemon Pudding w/ Whip Topping	31	Haddam Senior Center Closed

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses
 All meals are served with milk, bread, and margarine. SUGGESTED DONATION: \$3.00 or what you can afford.
 The menu is subject to change due to possible unavailability of product. Thank-you very much for your understanding !